

Are you interested in playing football next year for the Hayes? If so, sign up for our Winter Workouts!

-Sign-ups will be in Coach Payne's room in room 507. **ALL STUDENTS WISHING TO PARTICIPATE MUST SIGN-UP, THERE WILL BE NO WALK-UPS PERMITTED!!!**
Current fifth Graders that are currently districted for Hayes, have your parent email Coach Payne at: nicholas.payne@fayette.kyschools.us

*To participate, you must have a 2.0 GPA and up-to-date athletic sports physical.

*Participation is voluntary but is recommended for anyone interested in playing for Hayes next year. HOWEVER, your #1 priority is the school sport you are currently playing with (basketball, lacrosse, wrestling, etc.)

Workouts will be every Tuesday and Thursday (except 2/18 - Monday) in February at Frederick Douglass High School:

- 2/5 (Tuesday) – 5:00-6:15 PM
- 2/7 (Thursday) – 5:00-6:15 PM
- 2/12 (Tuesday) – 5:00-6:15 PM
- 2/14 (Thursday) – 5:00-6:15 PM
- 2/18 (*Monday) – 5:00-6:15 PM
- 2/21 (Thursday) – 5:00-6:15 PM
- 2/26 (Tuesday) – 5:00-6:15 PM
- 2/28 (Thursday) – 5:00-6:15 PM

*Workouts at FDHS (Frederick Douglass High School) will be in the fieldhouse entrance between the softball fields and football bleachers. Parents, drop-off at the back gate (next to the fieldhouse) – the back gate will be unlocked.